

In A Nutshell
February 2018
The Journey from Tecfidera to Ocrevus

Over the almost 40 years since my diagnosis I have tried a variety of therapies. For a long time after diagnosis the only drugs given were steroids. It was a good 16 years or so before the therapy betaseron came on the market. There was so much demand for this one therapy that as a patient you went into a lottery to determine when you would have access to the drug. Of course since betaseron was launched there have been many more approved therapies. I have also tried copaxone, copaxone with novantrone (chemo), Tysabri and for the last 3+years Tecfidera. I don't mind saying that I love the oral meds. But, now I am feeling that a change is due. Apparently I am not the only Tecfidera user who feels the same. There was a small Swedish study that reported about 60 percent of MS patients at a clinic in Sweden stopped using the therapy within 2 years. Researchers in the observational study were not able to determine exact reasons for discontinuation. But, they wrote, "it is likely that lack of effectiveness, lack of tolerability, or a combination of the two contributed to the low persistence rates observed." My reasons are similar. I have not seen any improvement in my symptoms since Tecfidera. Maybe I will with Ocrevus. I am hoping to begin in March. I will share results as I proceed down this new therapy path. And I hope anyone else who is going to try Ocrevus will let me know and I can report many results. Kaydee691@gmail.com.

https://multiplesclerosisnewstoday.com/2018/01/22/ms-news-that-caught-my-eye-last-week-ocrevus-eu-salt-cognitive-problems-myelin-tecfidera/?utm_source=Multiple+Sclerosis&utm_campaign=f5dbb93e54-RSS_US_EMAIL_CAMPAGN&utm_medium=email&utm_term=0_b5fb7a3dae-f5dbb93e54-71589013

Just For Fun

The following US Food and Drug Administration (FDA) approved disease modifying therapies for MS have been found through clinical trials to reduce the number of relapses, delay progression of disability, and limit new disease activity (as seen on MRI).

What will be your next therapy?

Injectable medications

[Avonex](#) (interferon beta-1a)

[Betaseron](#) (interferon beta-1b)

[Copaxone](#) (glatiramer acetate)

[Extavia](#) (interferon beta-1b)

[Glatiramer Acetate Injection](#) (glatiramer acetate -- generic equivalent of Copaxone 20 mg and 40 mg doses)

[Glatopa](#) (glatiramer acetate -- generic equivalent of Copaxone 20mg dose)

[Plegridy](#) (peginterferon beta-1a)

[Rebif](#) (interferon beta-1a)

[Zinbryta](#) (daclizumab)

Oral medications

[Aubagio](#) (teriflunomide)

[Gilenya](#) (fingolimod)

[Tecfidera](#) (dimethyl fumarate)

Infused medications

[Lemtrada](#) (alemtuzumab)

[Novantrone](#) (mitoxantrone)

[Ocrevus](#) (ocrelizumab)

[Tysabri](#) (natalizumab)

<https://www.nationalmssociety.org/Treating-MS/Medications>